

Our Mission Statement:

To alleviate hunger in all the eight counties the Food Bank serves by collecting and distributing food through partner agencies and programs while creating awareness and educating the community on the realities of hunger.

To fulfill this mission, the South Texas Food Bank will:

- Solicit adequate funding, services, and surplus/donated goods from donors;
- Judiciously warehouse and distribute these goods through its member agencies;
- Create and administer programs that alleviate hunger in our service area;
- Promote public education on the nature of, and solutions to, the problems of domestic hunger;
- Develop strong partnerships with community leaders and organizations, both within and outside our service area;
- Foster relationships with any other agency or individual with a similar mission.



Did you know?

The South Texas Food Bank can convert \$1 into: 11 meals, 14 lbs. of food, or \$23 worth of groceries?

The food bank serves an average of 28,000 families and 9,500 elderly per month, plus 1,500 children per week throughout its service area!

Main Office

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Visit our website for more information, to volunteer, or to donate online:

www.southtexasfoodbank.org



Facebook/southtexasfoodbank
@SoTxFoodBank
South Texas Food Bank

In accordance with Federal Law and the U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, sexual preference, age, or disability.

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Fighting Hunger Since 1989



OUR PROGRAMS

*Proudly serving 8 South Texas counties:
Webb, Zapata, Jim Hogg, Dimmit,
Maverick, Val Verde, Kinney & Starr!*

Proud member of:



Our Programs

From programs that focus on children and senior citizens to providing social service application assistance, The South Texas Food Bank has a variety of programs that target the needs of the different client segments that we assist in our eight-county service area that includes.**

Adopt-A-Family

The Adopt-A-Family program allows the community to become part of the solution.

The community is encouraged to sponsor, or adopt, a local family for only \$120 per year* (equals to \$10 per month). The adopted family will receive a 40 lb. (*minimum*) box of supplemental food every month for a year. Sponsors can adopt a family that they may know or the food bank can assign the next family on our waiting list. The sponsor may also opt to not sponsor a "particular" family, but donate to our emergency walk-in families.

Commodity Supplement Food Program

Through the CSFP, the food bank is able to assist thousands of our most vulnerable community members—the elderly. Program recipients, receive a 30 lb. grocery bag of supplemental food every month of the year. The CSFP is a federally funded program by the USDA and is administered TDA.

Emergency Food Help (TEFAP)

Staying true to our mission of helping those in need in our community, the food bank provides a supplementary food bag to all those who come in to the food bank requesting emergency food items.

These clients are then referred to a member agency distribution site in the community where they can receive food assistance at least once a month.

Kids Café

Kids Cafe is an after-school program that offers nutritious, well-balanced, hot meals to children at risk of hunger. Initiated by Feeding America, Kids Cafe provides a safe and positive environment for children ages 17 and under to get fed after school. The cafes provide our local children a grassroots approach to alleviating childhood hunger and to promote self-esteem and individual development.

With the help of generous sponsors, the food bank supports Kids Cafe sites in Webb, Maverick, Dimmit, and Zapata county (including San Ygnacio) as well as a food backpack program in select sites.

A complete list of Kids Café sites is available on our website.

Backpack Program

The backpack program provides hungry children with nutritious food when other resources are not available, such as on weekends when children do not receive school lunches. Backpacks are filled with foods that are easy to open and do not require stove cooking.

SNAP & Nutrition Education Program

Through this program, the food bank assists individuals with the application process of programs such as food stamps, Medicaid, CHIP, TANF and other state social services in our area. Our SNAP Program assistants help fill out applications online, translate, explain, and may even be able to verify eligibility! The food bank nutritionist provides nutrition education to program clients.

Agencies (Food Banking)

The Food Banking Program is a network made up of over 80 agencies that provides low-income individuals and households with surplus commodities donated by USDA.

Mobile Food Pantries

Mobile Food Pantries offer convenience to individuals who live in rural communities. Recipients can register and pick up their monthly food product at one distribution site. There are currently 5 distribution sites in the outskirts of Laredo.

Paws Hunger

The PAWS Hunger program enables struggling families to keep their loving pets. Families of the Adopt-A-Family program and Emergency Walk-Ins will receive one bag of pet food with their monthly distribution.

Food Rescue

Every weekday, the food bank sends trucks to retail establishments, including grocers, restaurants and caterers to pick up good quality food that otherwise would be discarded. These are quality products, prepared or purchased in excess of our donors' needs, such as frozen meat, produce, prepared dishes and other items. The products are then safely transported to our warehouse and/or our agency members who serve meals to less fortunate individuals.

*Our nationally-recognized food program, *Ranchers for the Hungry*, is a part of our food rescue effort.

If you think you qualify or would like more information about any of these programs, please call (956) 726-3120 or visit our website: southtexasfoodbank.org.

**Sponsorship amount may vary depending on county. Please call for more information.*

***Some programs may not be available in all of the eight counties that STFB serves. Call the food bank for more information.*